

Versea and Why You Should Use It

Versea is a brand of clinically driven, broad-spectrum, hemp-derived CBD products that are available through healthcare providers. Versea is available at ActiveCare PT and can help assist with pain, inflammation, anxiety, and sleep. Versea has also created a HIPAA compliant, IRB approved patient data registry. Participation requires regular Versea CBD use and a monthly online survey. Products are discounted at ACPT for the registry.

Ask about Versea at your next appointment!



What ActiveCare is Doing to Keep You Safe

ActiveCare takes our patient's health very seriously and we are doing everything we can to provide a safe and clean environment.

- *PPE Worn By All Employees and Patients
- *Temperature Checks and Sanitization Procedures
- *Social Distancing and Spacing of Therapy Tables

ActiveCare Physical Therapy Newsletter

April 2021



Follow us on Social Media!

Insta: @activecarephysicaltherapy

Twitter: @ActiveCare_PT

Youtube: Karena Wu

Blog: bestphysicaltherapistnyc.com

Spring Into Action With ActiveCare Physical Therapy!

Spring is here and ActiveCare Physical Therapy is here for you. We have a holistic approach to care and we design individualized exercise prescriptions for every patient while providing the most up-to-date progressive treatments including manual therapies, joint mobilizations, kinesiology taping, Pilates-based training, and functional training. Our patients receive one-on-one treatment and direct exercise supervision in our comfortable spacious studio. At ActiveCare, you are an active participant in your rehabilitation therapy with us. Heal yourself with the best!



Arthritis Foundation

ActiveCare Physical therapy has been an active participant of New York City's Walk to Cure Arthritis since 2012. We walk to improve the lives of Arthritis Warriors everywhere and to conquer arthritis for good. Please consider donating to our cause and helping us fundraise. Register today! More information on back.



WALK to CURE ARTHRITIS®

#WalkToCureArthritis



Register today and celebrate Arthritis Warriors everywhere
walktocurearthritis.org

NEW YORK CITY

Sunday, May 16, 2021

MOVE YOUR WAY & CELEBRATE WITH US!



Walk to Cure Arthritis fuels research, resources and community connections that help more people with arthritis live their best life.

REGISTER TODAY!



<https://events.arthritis.org/team/ActiveCarePhysicalTherapy>



National Sponsors

Presenting Sponsor **AMGEN®** | Supporting Sponsor **Janssen** | **Johnson & Johnson** | **Bristol Myers Squibb®**

Locally Sponsored

HSS | **NYU Langone Health**
Presenting Sponsor | Champion of Yes!



For questions or information on becoming a sponsor contact:
Jamie Jordan at jjordan@arthritis.org or 908-347-6040